

Prescription Guide



Starting a *Demodex* blepharitis patient is as easy as 1-2-3

1 Include the following **key** information on the Rx¹:

QUANTITY: 10-mL fill in an 11-mL container

DOSAGE: Instill 1 drop in each eye twice daily (approximately 12 hours apart for 6 weeks)

DIAGNOSIS: Indicate **"*Demodex* blepharitis"** and provide the appropriate ICD-10 codes (see tables below)

REFILLS: If appropriate for the patient, add refill details

XDEMZY[®] (lotilaner ophthalmic solution) 0.25%

DISP: 10-mL

SIG: Instill 1 drop in each eye twice daily, 12 hours apart for 6 weeks

Dx: **Demodex blepharitis** B88 + H01

REFILLS: 1

Key reminders:

- > Some patients may experience a return of *Demodex* blepharitis after treatment²
- > **Including a refill** gives them the option to act early should signs and symptoms reappear within a year

2 Indicate **"*Demodex* blepharitis"** and provide the appropriate ICD-10 codes

For an example, see below³:

B88 Code	
B88.01	Infestation of <i>Demodex</i> mites <i>New as of October 1, 2025</i>



At Least One H01 Code:			
H01.001	Unspecified blepharitis right upper eyelid	H01.006	Unspecified blepharitis left eye, unspecified eyelid
H01.002	Unspecified blepharitis right lower eyelid	H01.009	Unspecified blepharitis unspecified eye, unspecified eyelid
H01.003	Unspecified blepharitis right eye, unspecified eyelid	H01.00A	Unspecified blepharitis right eye, upper and lower eyelids
H01.004	Unspecified blepharitis left upper eyelid	H01.00B	Unspecified blepharitis left eye, upper and lower eyelids
H01.005	Unspecified blepharitis left lower eyelid	H01.8	Other specified inflammations of eyelid

Key reminders:

- > Consider using the **most specific diagnosis code** possible⁴
- > **Use the notes section to add the second code** if only one ICD-10 code is permitted

ICD-10=International Classification of Diseases, 10th Revision.

It is the responsibility of the healthcare provider to clinically diagnose each patient, verify the available codes, and select the codes that accurately reflect each patient's diagnosis. The information in this guide is for informational purposes only and should not be interpreted as a guarantee of coverage or payment. Contact payers directly for the latest coverage and claims guidance. For current information on ICD-10 codes, please refer to an ICD-10-CM resource. All information is subject to change.

3 Prescribe XDEMZY to an **authorized pharmacy** that is activated to assist

BlinkRx

Phone: 1-833-919-4942
Fax: 1-866-585-4631
NCPDP: 1310488

Carepoint Pharmacy

Phone: 1-855-237-9112
Fax: 1-855-237-9113
NCPDP: 1487330

CenterWell Specialty Pharmacy

Phone: 1-800-486-2668
Fax: 1-877-405-7940
NCPDP: 3677955

CVS Specialty Pharmacy

Phone: 1-800-237-2767
Fax: 1-800-323-2445
NCPDP: 1466033 (Mount Prospect, IL)
or 3958898 (Monroeville, PA)

Walgreens Specialty Pharmacy

Phone: 1-800-424-9002
Fax: 1-800-874-9179
NCPDP: 2348046 (Canton, MI)

Walmart Specialty Pharmacy

Phone: 1-877-453-4566
Fax: 1-866-537-0877
NCPDP: 1097484

For **local** pharmacies that dispense XDEMZY, **scan here:**



INDICATION

XDEMZY is indicated for the treatment of *Demodex* blepharitis.

IMPORTANT SAFETY INFORMATION

WARNINGS AND PRECAUTIONS

Risk of Contamination: Do not allow the tip of the dispensing container to contact the eye, surrounding structures, fingers, or any other surface in order to minimize contamination of the solution. Serious damage to the eye and subsequent loss of vision may result from using contaminated solutions.

Please see Important Safety Information throughout and accompanying full [Prescribing Information](#).



If a PA is required, the pharmacy will **start the PA on CoverMyMeds**

Simply complete, sign, and submit.

XDEMZY has an 80%+ PA approval rate⁵

Key reminders:

- > Complete and submit XDEMZY PA if required (**some plans do not require a second PA for refills**)
- > **Include chart notes with your PA submission.** For helpful tips, see below:

Chart Notes	
Diagnostic Findings	<ul style="list-style-type: none"> Evidence of collarettes on slit lamp eye exam (include images if possible)
Clinical Presentation	<ul style="list-style-type: none"> Misaligned or missing eyelashes Eyelid erythema/redness or itching Inflammation or ocular irritation Fluctuating vision
Treatment History	<ul style="list-style-type: none"> Previous prescription(s) or over-the-counter therapies (eg, tea tree oil, lid wipes) In-office procedures (eg, blepharoexfoliation, intense-pulsed light)

Set patient expectations

If patients would like a status update, they should contact the pharmacy **48 hours** after their appointment.

Remind patients to ask the pharmacy for available **financial assistance options**. Patients may be required to provide personal information (eg, Social Security number) to verify their eligibility.

The majority of patients pay \$30 or less for XDEMZY*

Resources and support

For downloadable resources, such as sample letters of medical necessity and appeal letter templates, visit xdemyhpc.com



For access support, contact your dedicated Field Reimbursement Manager or call **Tarsus Connect** at **1-866-846-3092**



For PA support, contact the pharmacy, or **covermymeds** Live Support is available via chatbox or by calling **1-866-452-5017**

PA=prior authorization.

*With payer coverage and available assistance options, and based on eligibility requirements; see XDEMZY Savings and Access [Terms and Conditions](#).

References: **1.** XDEMZY Prescribing Information. Tarsus Pharmaceuticals, Inc. 2023. **2.** Sadri E, Paaau JD, Colin JB, et al. Long-term outcomes of 6-week treatment of lotilaner ophthalmic solution, 0.25%, for *Demodex* blepharitis: a noninterventional extension study. *Cornea*. 2024;43(11):1368-1374. **3.** 2026 ICD-10-CM. Centers for Medicare & Medicaid Services website. Accessed January 27, 2026. <https://www.cms.gov/medicare/coding-billing/icd-10-codes> **4.** New *Demodex* blepharitis codes available for optometrists. American Optometric Association website. Accessed January 27, 2026. <https://www.aoa.org/news/practice-management/billing-and-coding/new-demodex-blepharitis-codes-available-for-optometrists> **5.** Data on file. Tarsus Pharmaceuticals, Inc.

IMPORTANT SAFETY INFORMATION (continued)

Use with Contact Lenses: XDEMZY contains potassium sorbate, which may discolor soft contact lenses. Contact lenses should be removed prior to instillation of XDEMZY and may be reinserted 15 minutes following its administration.

ADVERSE REACTIONS: The most common adverse reaction with XDEMZY was instillation site stinging and burning which was reported in 10% of patients. Other ocular adverse reactions reported in less than 2% of patients were chalazion/hordeolum and punctate keratitis.

To report SUSPECTED ADVERSE REACTIONS, contact Tarsus Pharmaceuticals, Inc. at 1-888-421-4002 or the FDA at 1-800-FDA-1088 (www.fda.gov/medwatch).

Please see accompanying full [Prescribing Information](#).

Available by prescription only.